



East Essex Triathlon Club

Minutes of the Committee Meeting Held on the 10th November 2025

In Attendance:

Ian George, Graeme Silcock, Zena Shean, Sue Fuller, Chris Muers, Charlotte Brooks, Ben Brooks, Paul Gribbon, Matthew Dodd, Nial Canavan, Eugenia Hewitt, Kay Bennett, Kat Stops, Mike Grout.

Apologies Received From:

N/A

Agenda Items:

- Matters arising from the last Committee Meeting
- Christmas Do
- Kids Awards / Event
- Event Marshalling
- Member Pack for 2026
- Membership Fees
- Finance Updates
 - Coaching Expenses (Increase for 2026)
 - Sponsorship for EETC Races 2025 & 2026
 - Succession Planning
- Adult League Events
- TCS London Marathon Place / Ballot

Matters arising from the last Committee Meeting:

- None raised.

Christmas Do

- Kat noted details to be finalised 17th November.
 - Currently 34 attendees signed up, links on socials to be re-posted.
 - League trophies collected / to be presented on awards night for winners.
 - Chocolate and wine to be given for 2nd & 3rd place.
- Jenny noted club has additional tote bags from events earlier in the year that can also be used.

- Nial & Eugenia offered to sort the chocolate and wine prizes.
- Ian G raised votes for member TOTY trophy and also the Chas Baynes Award, details to be sent out to members and members to provide responses back to Ian.

Santa Run

- Santa run to be held at Hullbridge café, dates to be sent out to members.

Kids Awards / Event

- Kat / Kay looking into event venue for January, Kay proposed Ninja Warrior in Chelmsford. Kay to look into event booking and details to be sent out on socials. Communications to be sent out to members to arrange date / time.
- Committee members suggested a poll to go out to members for dates.
- Kat suggested expanding medals/trophies for kids.
- Ian G to look at what's left in the shed at the track as we may have some medals that can be used.

Event Marshalling

- Feedback from Blackwater Tri Club on their events was that for someone to race they have to help setup/teardown as a mandatory requirement. Feedback from room was that this type of approach while good in principle still doesn't help us at our events.
- As soon as EETC dates are agreed, communications to be sent out to members encouraging them to marshal as soon as possible.
- Mike G noted that we can add a link to entry central with an option upon renewing or joining the club that you have to select at least one event to marshal.

Member Pack for 2026

- Graeme to work with Mike & Charlotte to get new member pack distributed out to club members, aim is to send out pre-Christmas. This can also be added to the club website.
- Charlotte has been working on a member questionnaire that we can also send out to members to get feedback on the club, Charlotte to send out link.

Membership Fees

- Committee agreed to keep membership fees the same for another year.
- Committee agreed a cost of £10 for new members joining from 1st October to the end of the year.

Finance Updates

- General Finance Updates:
 - £13,500 up from £5000 in 2024, we still need to pay for end of year trophies in addition to two invoices, one for BSV and one for Runnymede swimming pool, even once these are paid, we are still in a better position than 2024. We are a total of £6000 up from 2024 and will close 2025 at around £11000 even with the increased costs.
 - For the kids award event in 2026 the club can contribute to the event, last year this was £200. Committee all in agreement to do the same for the event to be held in 2026.

- Coaching Expenses (Increase for 2026): Suggestion for increase of Foundation Coach Expenses to £12 and Group/L2+ coaches to £16 for 2026 onwards – all committee in agreement.
- Sponsorship for EETC Races 2025 & 2026: £500 of sponsorship from Osbornes for Gray's being chased, expecting this to closeout before the end of the year.
- Succession Planning: Paul happy to continue to 2026 but would like a succession plan in place for 2027 or earlier if possible.

Adult League Events

- 3km runs at BSV as part of league – the club would like to continue use but move to after the events held at BSV (dates TBC).
- Duathlons at Dartford – club would like to keep this in the league.
- Committee discussed the aqua bike format at Gray's as there is interest from new members in this format, this can still be accommodated at Gray's.
- Zena noted that there is one more TT event, the Southend Wheelers TT event is scheduled for the 14th December 2025.
- Sue raised dates for next years events, dates suggested from Committee members included:
 - Aquathlon – Proposed Mid-April 11/12th or 18/19th.
 - Kids Tri – proposed 6th June
 - Gray's Tri – proposed 12th or 19th July.
- Ian G to speak to BSV regarding dates.
- Nial to speak to Impulse regarding dates for Gray's.
- Jenny noted that for the Eastern Region Kids League we need to submit proposed dates by the 13th November 2025.

TCS London Marathon Place / Ballot

- Committee discussed how best to award the Clubs allocated marathon place, everyone was in agreement to use the same methods as previous years by using a point system but with the addition of additional points for those that have marshalled at events.
- Mike G to send out details post the committee meeting on how to register your interest and details of the points system.

Winter Bike Rides

- Matt D raised the appetite from members to reinvigorate the winter bike rides, and possibility of funning groups again.
- Committee members suggest that existing "groups" going out for rides also post these up on social media so that others know they are going on and can join in.
- Committee also discussed the Zwift rides and publicising's these over the winter.

Kids Christmas Run / Social Event

- Graeme suggested a social event for younger members ahead of Christmas. Graeme to organise and send out details for a free social run proposed at Lake Meadows Junior Park Run 21st December. Graeme & Nia will organise a small gift for each child, siblings and future kid members also welcome, details to be shared on social media.

AOB

- BTF – change to BTF insurances, “Foundation” coaches will now be able to run sessions as long as another coach (Group Coach certified) is in proximity to assist in supervising.
- Club AGM – proposed date is 6th February at the Rayleigh Cricket Club, Ian G to contact Neil Dobson also to see about venue hire.

Date of Next Meeting

- Next Meeting will be AGM 6th February 2026.